

MMM 2013

Pos	Bib	Name	Club	CourseClass	StartTime	FinishTime	CP 1	CP 2	CP 3	Finish	RaceTime
1	25	Gavin Fisher		Solo runner	17:29:04	21:25:06	01:07:34	01:16:46	00:42:33	00:49:09	03:56:02
2	15	Christopher MacLean		Solo runner	17:29:04	21:29:38	01:03:32	01:20:42	00:44:03	00:52:17	04:00:34
3	24	Gareth stephens	Shropshire Tree Services	Solo runner	17:29:04	21:30:17	01:06:19	01:18:39	00:44:38	00:51:37	04:01:13
4	7	Ben Beachell	Eryri Harriers	Solo runner	17:29:04	21:41:15	01:06:25	01:20:00	00:46:15	00:59:31	04:12:11
5	67	Rhodri Evans	Pontypridd Roadents	Solo runner	17:29:04	21:47:35	01:14:38	01:21:30	00:44:47	00:57:36	04:18:31
6	64	Phil Cloete		Solo runner	17:29:04	22:01:51	01:17:12	01:30:05	00:48:20	00:57:10	04:32:47
7	58	Nick Eyke	Oswestry Olympians	Solo runner	17:29:04	22:02:24	01:09:44	01:27:42	00:55:09	01:00:45	04:33:20
8	57	Nicholas Pounder	Pontypridd Roadents	Solo runner	17:29:04	22:04:30	01:14:44	01:28:30	00:52:21	00:59:51	04:35:26
9	43	Jonathan Gardner		Solo runner	17:29:04	22:05:45	01:12:46	01:30:38	00:52:08	01:01:09	04:36:41
10	10	Bleddyn Jones	Lliswerry Runners	Solo runner	17:29:04	22:07:50	01:08:55	01:33:13	00:56:20	01:00:18	04:38:46
11	26	Graeme Hughes	AJM Property Management	Solo runner	17:29:04	22:08:01	01:09:46	01:30:47	00:54:26	01:03:58	04:38:57
12	46	Keith James	Bon Bon Buddies	Solo runner	17:29:04	22:08:53	01:11:56	01:30:03	00:56:31	01:01:19	04:39:49
13	54	Matt Kirby, Kevin Bowen	Kirbow	MMM Pairs	17:29:04	22:10:38	01:14:47	01:33:34	00:55:21	00:57:52	04:41:34
14	42	John Stork	British Army	Solo runner	17:29:04	22:12:30	01:13:58	01:32:03	00:53:50	01:03:35	04:43:26
15	3	Alex Heath		Solo runner	17:29:04	22:16:49	01:14:54	01:28:37	00:58:07	01:06:07	04:47:45
16	30	Henry Gladwyn, Hugh Brierley, Ben De Rivaz	Team Zulu Alfa, Feet WarChild	MMM teams of 3	17:29:04	22:22:42	01:15:14	01:33:31	00:55:01	01:09:52	04:53:38
17	22	Eva Howard	RAMC	Solo runner	17:29:04	22:23:24	01:18:34	01:33:55	00:54:36	01:07:15	04:54:20
18	86	Steve May		Solo runner	17:29:04	22:27:44	01:18:45	01:29:02	00:58:47	01:12:06	04:58:40
19	91	William Denny	Pontypridd Rodents	Solo runner	17:29:04	22:28:43	01:17:49	01:32:26	00:58:40	01:10:44	04:59:39
20	44	Josh Glanvill	Malvern Hills OEX	Solo runner	17:29:04	22:29:51	01:17:06	01:30:23	00:53:24	01:19:54	05:00:47
21	69	Rik Vercoe	Mischief Boys	Solo runner	17:29:04	22:32:45	01:16:52	01:41:06	01:01:46	01:03:57	05:03:41
22	55	Matt Price, Jonathan Newby	Old Timers withTwins	MMM Pairs	17:29:04	22:42:22	01:27:30	01:37:47	00:57:28	01:10:33	05:13:18
23	77	Sarah Holton	Hereford Tri Club	Solo runner	17:29:04	22:45:19	01:21:15	01:45:30	01:03:42	01:05:48	05:16:15
24	73	Robert McCormick, Mark Hillier, Matt Giacosa	Goats r us	MMM teams of 3	17:29:04	22:46:40	01:18:16	01:36:35	01:07:04	01:15:41	05:17:36
25	78	Sascha Ott	Warwick Uni Tri	Solo runner	17:29:04	22:49:43	01:15:27	01:39:56	01:13:30	01:11:46	05:20:39
26	1	Alan Purdue	Cash generator	Solo runner	17:29:04	22:55:26	01:19:39	01:52:15	01:02:10	01:12:18	05:26:22
27	56	Matthew Fennelaw, Louise Hawson	FindaRace	MMM Pairs	17:29:04	23:04:43	01:28:09	01:50:10	01:03:33	01:13:47	05:35:39
28	72	Rob Munday	FindaRace	Solo runner	17:29:04	23:05:33	01:28:05	01:45:28	01:09:31	01:13:25	05:36:29
29	83	Stephen Bald,David Wearn	FindaRace_3	MMM Pairs	17:29:04	23:05:35	01:28:02	01:50:25	01:05:31	01:12:33	05:36:31
30	5	Allistair McCaw	McCaw Method Sports Performance	Solo runner	17:29:04	23:06:58	01:18:31	01:44:05	01:11:25	01:23:53	05:37:54
31	61	Paul Rowe	Aneurin Bevan Health Board	Solo runner	17:29:04	23:07:22	01:20:08	01:57:43	01:09:21	01:11:06	05:38:18
32	52	Mark Fraser		Solo runner	17:29:04	23:08:18	01:22:43	01:46:04	01:09:06	01:21:21	05:39:14
33	23	Fiona Butt		Solo runner	17:29:04	23:10:02	01:24:36	01:52:52	01:09:07	01:14:23	05:40:58
34	20	Edward Olcot	Samsung	Solo runner	17:29:04	23:10:04	01:24:33	01:53:05	01:08:59	01:14:23	05:41:00
35	6	Andrew Johnson	Mynydd Du	Solo runner	17:29:04	23:10:21	01:28:59	01:56:22	01:06:03	01:09:53	05:41:17
36	12	Carl Seaman	Rhondda Valley Runners	Solo runner	17:29:04	23:11:07	01:26:10	01:56:05	01:04:26	01:15:22	05:42:03
37	66	Philip Andrews		Solo runner	17:29:04	23:11:46	01:24:30	01:56:56	01:02:53	01:18:23	05:42:42
38	9	Bernard Genge	ProAction Development	Solo runner	17:29:04	23:13:37	01:27:20	02:03:33	00:58:37	01:15:03	05:44:33
39	50	Lewis Lonsdale, Conan Westhead	Harry and Ron	MMM Pairs	17:29:04	23:13:43	01:19:17	01:47:19	01:00:27	01:37:36	05:44:39
40	33	Ian Blockley	Llantwit Harriers	Solo runner	17:29:04	23:18:21	01:24:45	01:54:50	01:12:13	01:17:29	05:49:17
41	19	David Synan		Solo runner	17:29:04	23:18:25	01:24:49	01:53:23	01:13:38	01:17:31	05:49:21
42	27	Graham Pitcher		Solo runner	17:29:04	23:20:18	01:29:10	01:51:51	01:08:15	01:21:58	05:51:14
43	79	Shaun Wright	Northfield	Solo runner	17:29:04	23:21:25	01:27:17	01:50:44	01:08:49	01:25:31	05:52:21
44	62	Paula Green, Penni Dymond	PUSH4IT ? Tiny Temper	MMM Pairs	17:29:04	23:21:40	01:30:07	01:50:28	01:15:22	01:16:39	05:52:36

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Pos	Bib	Name	Club	CourseClass	StartTime	FinishTime	CP 1	CP 2	CP 3	Finish	RaceTime
45	45	Justin Pocknell	Caerleon Running Club	Solo runner	17:29:04	23:22:26	01:24:51	01:51:46	01:06:41	01:30:04	05:53:22
46	75	Russell Dobbs		Solo runner	17:29:04	23:22:42	01:21:07	01:59:09	01:08:32	01:24:50	05:53:38
47	88	Tim Reese, Neale Wood	Crippled Cruisers	MMM Pairs	17:29:04	23:25:14	01:22:59	02:00:54	01:08:40	01:23:37	05:56:10
48	21	Euan Philipps	Music Sales Ltd	Solo runner	17:29:04	23:25:22	01:19:32	01:49:53	01:17:04	01:29:49	05:56:18
49	37	James King	Crest nicholson	Solo runner	17:29:04	23:25:27	01:13:12	01:35:26	01:30:37	01:37:08	05:56:23
50	82	Stacey Farnell, Nic Owen	Swansea Vale Runners	MMM Pairs	17:29:04	23:25:52	01:19:55	01:51:30	01:24:17	01:21:06	05:56:48
51	65	Phil Protheroe	Porthcawl Runners	Solo runner	17:29:04	23:26:28	01:22:33	02:03:28	01:09:49	01:21:34	05:57:24
52	68	Rich WARD, Chris SCHOEB	Findarace.com	MMM Pairs	17:29:04	23:38:22	01:32:35	01:57:04	01:07:11	01:32:28	06:09:18
53	36	James Gough, Jo Lawrence	Poke the Bear	MMM Pairs	17:29:04	23:38:54	01:29:35	02:04:20	01:13:08	01:22:47	06:09:50
54	16	Darren Stone, Chris Tomlinson	A Pair of Hillocks	MMM Pairs	17:29:04	23:43:36	01:27:24	02:02:27	01:19:15	01:25:26	06:14:32
55	70	Rob Belson	Wellingborough & diistrict AC	Solo runner	17:29:04	23:43:43	01:29:48	02:08:04	01:18:11	01:18:36	06:14:39
56	80	Simon Hall	Chard Road Runners	Solo runner	17:29:04	23:45:23	01:27:34	02:03:45	01:23:14	01:21:46	06:16:19
57	41	Jen Elkins, Del Granger	ZebedeeandMungo	MMM Pairs	17:29:04	23:45:28	01:27:58	01:56:23	01:24:00	01:28:03	06:16:24
58	34	Ian Fiddes, William David	Teamthree	MMM Pairs	17:29:04	23:51:48	01:21:18	02:12:59	01:20:54	01:27:33	06:22:44
59	84	Stephen Osborne, Ian Juckes, Nick Crabbe	MTB	MMM teams of 3	17:29:04	23:53:45	01:31:19	02:12:34	01:20:28	01:20:20	06:24:41
60	76	Sandra Stewart	Phoenix Fitness	Solo runner	17:29:04	24:22:33	01:36:37	02:17:58	01:25:23	01:33:31	06:53:29
61	40	Jax Wiggins, Sandra Stewart	Phoenix Panthers	MMM Pairs	17:29:04	24:22:35	01:36:28	02:17:51	01:25:38	01:33:34	06:53:31
DNF	74	Robert Pritchard		Solo runner	17:29:04		01:09:52	01:39:41	01:02:37	#####	
DQ	71	Rob Figueiredo, Jessica Green	Deloitte	MMM Pairs	17:29:04	22:04:05	01:10:34	01:30:30	00:55:11	00:58:46	04:35:01